

EVERY HEART EVERY WOMAN REST RETREAT 2027



RENEWAL, ENTERTAINMENT, SPIRITUAL GROWTH, TOGETHERNESS



Updated: Sep 30, 2026

REST Retreat February 5-7, 2027 - Navasota, TX

Embark on a sacred weekend retreat for female leaders, designed to nurture your heart and soul through rest, creativity, connection, and renewal.

Early Bird Registration: \$325 - Register by Monday, November 30, 2026

Regular Registration: \$375 - Beginning December 1, 2026

You are invited to join us for REST!

Your REST Retreat registration includes all meals and snacks from Friday dinner through Sunday breakfast, the Gospel Worship REST Concert, spiritual formation experiences, the guided mixed media art project, movement-based teaching, community experiences, REST retreat materials, a special gift bag, and a copy of True Leaders with Heart: Generous, Passionate, Humble, and Wise Book.

Bring your favorite journal—we'll provide the space and prompts to fill it.

Make It a Girls' Getaway! REST is even better together.

Invite your closest girlfriend, sister, ministry partner, coworker, or fellow leader to experience the weekend with you. Sharing a room is also a wonderful way to make your REST getaway more affordable.

******Hotel accommodations are reserved and paid for separately through P.A. Smith Hotel in Navasota, TX. REST Retreat guests receive 15% off their room accommodations.

Some rooms accommodate up to four women, allowing friends to share the cost of their stay.

Come with your girl. Share the room. Share the experience. And give yourselves permission to REST.



YOU'RE INVITED TO EXPERIENCE

REST

RENEWAL • ENTERTAINMENT • SPIRITUAL GROWTH • TOGETHERNESS

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February 5 - 7, 2027

Boutique Hotel • Navasota, TX

Restful Creative Worship Experience
featuring teaching & original music by Karla Nivens

Included:

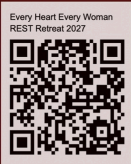
- Onsite Hotel Accommodations
- All meals & snacks (Friday dinner through Sunday breakfast)
- Guided Mixed Media Art Project for Spiritual Reflection
- Spiritual Formation Teaching, Guided Movement & Community with Female Leaders
- Time to Rest, Journal, Walk, Shop, Reflect, and Reconnect to Your Calling
- And A Few Delightful Surprises Along The Way!



Early Bird
Registration Fee: \$325
Until November 30, 2026

LIMITED SPACE AVAILABLE

- After Registering. Make Hotel Reservations



Every Heart Every Woman
REST Retreat 2027

*EVERY
Heart
EVERY
Woman*
with KARLA NIVENS

<https://www.paypal.com/ncp/payment/TQTT7PVAEDTP8>

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REST

RENEWAL, ENTERTAINMENT, SPIRITUAL GROWTH, TOGETHERNESS

REST:

AN INSPIRATIONAL CREATIVE WORSHIP EVENT
THAT FOSTERS REST (RENEWAL &
RESTORATION, ENTERTAINMENT, SPIRITUAL
GROWTH, AND TOGETHERNESS).

Friday:

- 6 PM Check In
- 7 PM Dinner
- Gospel Worship REST Concert

Saturday:

- 10 AM Breakfast
- 11 AM Textured Mixed Media Artwork
- 1 PM Lunch
- 3 PM Community Building & Shopping
- 6 PM Celebration Dinner.

Sunday:

- 8 AM Prayer Breakfast & Blessing
- 11 AM Departure





REST

RENEWAL, ENTERTAINMENT, SPIRITUAL GROWTH, TOGETHERNESS

Scripture Focus: Psalm 121

Key Verse: Psalm 121:3 & 5 - Shomer - Hebrew word stemming from Shamar
It paints a picture of God as our guardian and watchman who gives life and peace so we can REST.

Preparation:

Meditate on Luke 6:12-16

As you seek God, reflect on:

- As I prepare for retreat, what is God saying to me regarding my personal prayer, worship, and reflection time? How can prayer, worship, and reflection have a positive effect on my leadership journey?
- How can I respond to God's Word for my life and leadership journey?

Follow Up Items:

- Upon registration, watch your email for instructions on choosing your room. Then call Hotel to Make Hotel Room Reservations.

Packing List:

- Comfortable Clothing
- Comfortable Shoes
- Personal Grooming Essentials
- A Journal for Reflection

*During registration, please indicate any food allergies or dietary restrictions



Boutique Hotel Accommodations
Navasota, TX

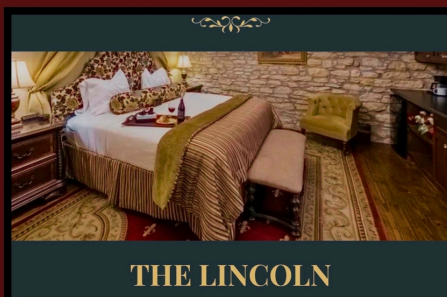
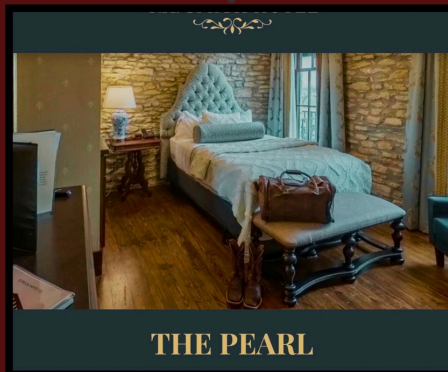


The Big Boy Suite
1 King Bed, 2 Queen Beds
2 Bathrooms

Room Already Reserved
Unavailable

The Pearl Suite
1 Full Size Bed
Bathroom

Room for 1 leader

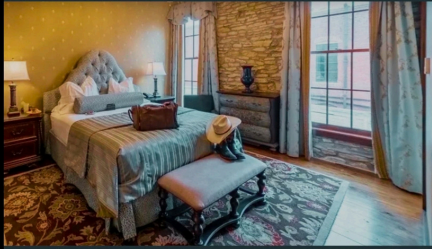


The Lincoln Suite
1 King Bed
Bathroom
Room can be shared
with 2 leaders

The La Salle Suite
1 King Bed
Bathroom
Room can be shared
with 2 leaders



Boutique Hotel Accommodations
Navasota, TX



THE SMITH

The Smith Suite

1 King Bed

Bathroom

Room can be shared
with 2 leaders



THE PRINCE

The Prince Suite

1 King Bed

Bathroom

Room can be shared
with 2 leaders



THE BONNIE & CLYDE

The Bonnie & Clyde Suite

2 Full Beds

1 Bathroom

Room can be shared
with 4 leaders

Room Reserved - Not Available

The Blackshear Suite

1 King Bed

Bathroom

Room can be shared
with 2 leaders



THE BLACKSHEAR

Boutique Hotel Accommodations
Navasota, TX



THE GARVIN

The Garvin Suite

1 King Bed

Bathroom

Room can be shared
with 2 leaders

The Lipscomb Suite

2 Queen Beds

1 Bathroom

Room can be shared
with 4 leaders



THE LIPSCOMB



THE GIESEL

The Giesel Suite

1 King Bed

Bathroom

Room can be shared
with 2 leaders



REST Retreat 2025



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After registering, check your inbox for an email with instructions for contacting and making your selected hotel reservations. REST Retreat guests receive 15% off their room accommodations.

We look forward to RESTing with you!

We're prepping for the REST Retreat. While you're getting ready, receive this [encouragement](#) from Karla Nivens.



Karla Nivens

REST Retreat Host

everyheartradio@karlanivens.com

Every Heart Every Woman
REST Retreat 2027



REGISTER NOW



<https://www.paypal.com/ncp/payment/TQTT7PVAEDTP8>